3 YEARS ON! REFLECTIONS ON THE ROLE OF NP

Louise Leonard
Nurse Practitioner
March 2016
OUTLINE

- Background
- AOD NP role – area of practice
- Transition from RN to NP
- Broadening the scope
- Barriers
My Background

- New Zealand Maori - Ngapuhi
- Nurse for 38 years
- AOD field – 19 years
- RGON – Waikato Hospital
- B.HSc. (Nursing) 1994 UWS
- B.A.(Psychol) 1998 Macquaire University, Sydney
- P.G.Dip.H.Sc.(Mental Health Nursing) - UoA
- Master of Nursing –UoA 2010
- Endorsed as NP April 2012
- NP role January 2013
NURSE PRACTITIONER - ALCOHOL AND OTHER DRUG

Physical Health

AOD

Mental Health
Area of Practice

- Adults (18 & over) who present to primary, secondary or tertiary services
- Across the substance use disorder spectrum
- Majority are moderate to severe dependence
- With physical and mental co-existing illness
- Require complex case co-ordination and treatment planning
TRANSITION FROM RN TO NP - THE CHALLENGES

- Isolation
- No established support mechanism
- Pioneering role
- The shift to full responsibility! Erikson’s stages revisited.....
- “You shouldn’t be doing what a RN can do”
- Independent practice – Authorised Prescriber
ERIKSON’S STAGES REVISITED!
ERIKSON’ STAGES REVISITED

- **Autonomy vs. Shame and Doubt**
  New shift in responsibility – extended scope - Real Autonomy vs. Self doubt - *Am I up to it???

- **Identity vs. Role Confusion**
  Shift from advanced nurse in your area of practice to novice nurse practitioner / prescriber
  *What do I let go of? How do I set new limits?*

- **Generativity vs. Stagnation**
  Finding your feet as a NP, grow in confidence, see the potential of the role and what you as NP have to offer ie. Advanced knowledge, extended skill set and a wealth of experience!
HEALTH PRACTITIONERS BILL

- Covers seven statutes
- Part 7 – proposed amendments to the Misuse of Drugs Act 1975 will enable me to prescribe controlled drugs for those dependent on them – Methadone, Suboxone, Benzodiazepines.

First reading / Submissions
Health Select Committee – 5 NPs from NPNZ
Second reading - ?December 2015
Third reading ????
AS AN AUTHORISED PRESCRIBER....

- YOU complete the assessment (including physical examination) and investigations and interpret the finding
- YOU make the diagnosis and differential diagnosis
- YOU know what you are prescribing for (effect), the suitability for this patient (co-morbidity), the outcome you want, the limitations and possible complications
- YOU ensure informed consent
- YOU implement, review and evaluate treatment
- YOU document and advise.....
NP SCOPE OF PRACTICE

“The scope of practice has been broadened and the requirement to restrict to nurse practitioners to a specific area of practice has been removed.”

“Nurse practitioners as advanced clinicians will be expected to self regulate and practice within their area of competence and experience.”

Retrieved from NZNC website 8/11/15
THE FUTURE LOOKS BRIGHT!

- It will be possible for AOD NPs to branch out - CEP, Hep C, Sexual Health, Palliative care....whatever is your area of interest!
- NPs are gaining ground.......
NPNZ

Welcome to Nurse Practitioners New Zealand

Mission:

NPNZ is an organization that provides a collective voice to advance NP practice and enable high quality integrated and accessible healthcare throughout NZ

Values

- Excellence in health through service delivery, research and policy
DANA CREDENTIALING / CERTIFICATION
What is DANA?

DANA is the peak nursing organization in Australasia providing leadership to nurses and midwives with a professional interest in ATOD issues.

We aim for excellence and the ongoing improvement of quality care in nursing in all practice contexts.

Not for profit organization run by volunteers who want to contribute to the peak body for the Addiction specialty area of nursing.
What is credentialling?

A process of professional validation by which an individual nurse may be designated as having met established professional nursing practice standards.

Credentialling is a voluntary undertaking initiated by the individual nurse.

It is also a voluntary service that may be offered to nurses by professional nursing organisations.
Benefits of credentialing

- Designate of experience and professional preparation
- Inform consumers
- Establish a national standard
- Promote career advancement
- Identify a community of experts
- Defines a development pathway from a nurse specialising in addictions to advanced practice
- Enhance the quality of care provided
- Assist employers to manage risk
- Peer recognition
- Voluntary self regulation
- Enhanced peak body – flow on benefits to members
Limitations of credentialing

• Cost – currently there is an Amnesty
• Consistency in judging process via the credentialing committee
• Time commitment – DANA voluntary group to manage
• Experience and academic achievement acknowledged
• Limited to RNs
• Realistic time frame for processing
What does credentialling give you?

- Certificate for 3 years
- Sign of progression towards leadership in your specialty
- Employment prospects
- Part of a community of experts
- Career advancement
- Identity as specialised nurse (proficient to expert) in the addiction field
DANA NEWS

DON'T FORGET THE AMNESTY ON FEES FOR CREDENTIALLING/ADVANCED CERTIFICATION APPLICATIONS!

DANA has an amnesty on application fees for your Credentialling/Advanced Certification application right now!!! Don't delay and take advantage of this offer, available for a limited time only! The offer ends on 11th April 2016 and is available to DANA members and non-members. Click on the appropriate link for details for Aus members and NZ members. The application package can be accessed via the Credentialling tab or via this link. ... [Read More...]
## Form 2: Marking Guide

<table>
<thead>
<tr>
<th>Item</th>
<th>Mandatory Criteria</th>
<th>Points</th>
<th>Yes/No</th>
<th>Final points</th>
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<tbody>
<tr>
<td>M1</td>
<td>Peer review submission (mandatory)</td>
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<td>M2</td>
<td>Current Curriculum Vitae (mandatory)</td>
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<table>
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<th>Item</th>
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<td>Portfolio submission (Quality Improvement/Policy-Procedure/Case study)</td>
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<td>E2</td>
<td>Education project</td>
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<td>E3</td>
<td>Personal statement / critical review</td>
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<td>E4</td>
<td>Reflective Narrative</td>
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<td>E5</td>
<td>Giving back</td>
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<td>E6</td>
<td>1. PhD in a Drug and Alcohol related area</td>
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<td>2. Masters in a Drug and Alcohol related area (n/a if #1 is claimed)</td>
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<td>3. Graduate Diploma in a Drug and Alcohol related area (n/a if #1 or #2 is claimed)</td>
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<td>4. Graduate Certificate in a Drug and Alcohol related area (n/a if #1, #2 or #3 is claimed)</td>
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<td>5. Bachelor with Honours in a Drug and Alcohol related area (n/a if #1, #2, #3 or #4 is claimed)</td>
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<td>6. Tertiary qualifications in an area directly related to the applicant’s scope of practice*</td>
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<td>7. Other qualifications in an area directly related to the applicant’s scope of practice*</td>
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Total points must be at least 110

**Assessor Comments:**
Kia ora

Questions?